

LUNEDI	MARTEDI	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO	DOMENICA
08:00 - 08:45 AQUAGYM	08:30 - 09:15 AQUATABATA	08:15 - 09:15 ADD - BIKE E JUMPER		08:15 - 09:15 ADD - BIKE - JUMPER		
09:35 - 10:20 AQUAGYM	09:15 - 10:00 BIKE E TREADE	09:15 - 10:00 AQUATRaining	09:35 - 10:20 AQUAGYM	09:15 - 10:00 AQUAGYM		
10:20 - 11:05 BIKE E TREADE		10:00 - 10:45 BIKE	10:20 - 11:05 BIKE E TREADE		10:00 - 10:45 AQUAMIX	10:00 - 10:45 AQUAGYM
13:00 - 13:45 BIKE E TREADE - ADD	13:00 - 13:45 AQUASTEP	13:00 - 13:45 AQUAGYM	13:00 - 13:45 AQUAGYM	13:00 - 13:45 AQUAGYM	10:45 - 11:30 BIKE E TREADE	
16:00 - 16:45 AQUAGYM	16:00 - 16:45 AQUAGYM	16:00 - 17:00 AGYM - JUMPER - ADD	16:00 - 16:45 AQUAGYM	16:00 - 16:45 AQUAGYM		
16:45 - 17:30 BIKE E TREADE	16:45 - 17:30 AQUAJUMPER		16:45 - 17:30 BIKE E TREADE	16:45 - 17:30 AQUAGYM	16:00 - 16:45 AQUAGYM	
17:30 - 18:15 AQUAGYM	17:30 - 18:15 AQUAGYM		17:30 - 18:15 AQUAGYM	17:30 - 18:15 AQUAGYM		
18:15 - 19:00 AQUAGYM	18:15 - 19:00 AQUATRaining	18:15 - 19:00 AQUAGYM	18:15 - 19:00 BIKE E TREADE	18:15 - 19:00 AQUAGYM		
19:00 - 19:45 AQUASTEP	19:00 - 19:45 AQUAGYM	19:00 - 19:45 BIKE	19:00 - 19:45 AQUAGYM	19:00 - 19:45 AQUAJUMPER		
20:00 - 20:45 BIKE	20:00 - 20:45 AQUACROSS	20:00 - 20:45 AQUAGYM	19:45 - 20:30 BIKE E TREADE			

LE LEZIONI SONO A PRENOTAZIONE OBBLIGATORIA

LE LEZIONI POTREBBERO SUBIRE VARIAZIONI IN QUALSIASI MOMENTO A DISCREZIONE DELLA DIREZIONE